



# SEMAINE 26/02/24 au 01/03/14

**LEGENDE**  
x : allergènes  
\* : traces  
allergènes

|                  | <b>MIDI</b>                    | Gluten 1 | Crustacés | Oeufs | Poisson | Arachides | Soja | Lait | Fruits coques | Celeri | Moutarde | Graines sésame | Sulfites | Lupin | Mollusques |
|------------------|--------------------------------|----------|-----------|-------|---------|-----------|------|------|---------------|--------|----------|----------------|----------|-------|------------|
| <b>LUNDI</b>     | Entrées variées                |          |           |       |         |           |      |      |               |        |          |                |          |       |            |
|                  | Égrené Chili con carne         | *        |           | *     |         |           | *    | *    |               | *      | *        |                |          |       |            |
|                  | Meunière de poisson blanc      | *        | *         | *     | x       |           | *    | *    |               | *      | *        |                |          |       | *          |
|                  | Saucisse fumée                 | A        | U         | C     | U       | N         |      |      |               |        |          |                |          |       |            |
|                  | Riz pilaf                      | A        | U         | C     | U       | N         |      |      |               |        |          |                |          |       |            |
|                  | Poêlée fondante de saison      |          |           |       |         |           |      |      |               |        |          |                |          |       |            |
|                  | Laitages - Desserts - Fruits   |          |           |       |         |           |      |      |               |        |          |                |          |       |            |
| <b>MARDI</b>     | Entrées variées                |          |           |       |         |           |      |      |               |        |          |                |          |       |            |
|                  | Émincé de porc au curry        |          |           | *     |         |           | *    | *    |               | *      | *        |                |          |       |            |
|                  | Lieu noir                      | *        | *         | *     | x       |           | *    | *    |               | *      | *        |                |          |       | *          |
|                  | Oeuf coque                     |          |           | x     |         |           |      |      |               |        |          |                |          |       |            |
|                  | Frites                         | x        |           |       |         |           |      |      |               |        |          |                |          |       |            |
|                  | Epeautre petit légumes         | x        |           |       |         |           | *    |      |               | *      |          |                |          |       |            |
|                  | Laitages - Desserts - Fruits   |          |           |       |         |           |      |      |               |        |          |                |          |       |            |
| <b>MERCREDI</b>  | Entrées variées                |          |           |       |         |           |      |      |               |        |          |                |          |       |            |
|                  | Côte de porc                   | A        | U         | C     | U       | N         |      |      |               |        |          |                |          |       |            |
|                  | Pommes rissolées               | A        | U         | C     | U       | N         |      |      |               |        |          |                |          |       |            |
|                  | Laitages - Desserts - Fruits   |          |           |       |         |           |      |      |               |        |          |                |          |       |            |
| <b>JEUDI</b>     | Entrées variées                |          |           |       |         |           |      |      |               |        |          |                |          |       |            |
|                  | Sauté de veau aux olives       | *        |           | *     |         |           | *    | *    |               | *      | *        |                |          |       |            |
|                  | Brandade de Morue              | *        | *         | *     | x       |           | *    | *    |               | *      | *        |                |          |       | *          |
|                  | Pané blé tomate mozzarella     | x        |           |       |         |           |      | x    |               |        |          |                |          |       |            |
|                  | Coquillettes                   | x        |           | *     |         |           |      |      |               |        |          |                |          |       |            |
|                  | Chou vert à la crème           |          |           |       |         |           |      | x    |               |        |          |                |          |       |            |
|                  | Laitages - Desserts - Fruits   |          |           |       |         |           |      |      |               |        |          |                |          |       |            |
| <b> VENDREDI</b> | Entrées variées                |          |           |       |         |           |      |      |               |        |          |                |          |       |            |
|                  | Piccatas de volaille colombo   | *        |           | *     |         |           | *    | *    |               | *      | *        |                |          |       |            |
|                  | Poisson du jour                | *        | *         | *     | x       |           | *    | *    |               | *      | *        |                |          |       | *          |
|                  | Galette quinoa                 | x        |           |       |         |           |      |      |               |        |          |                |          |       |            |
|                  | Blé                            | x        |           |       |         |           |      |      |               |        |          |                |          |       |            |
|                  | Poivron rouge et vert lanières | A        | U         | C     | U       | N         |      |      |               |        |          |                |          |       |            |
|                  | Laitages - Desserts - Fruits   |          |           |       |         |           |      |      |               |        |          |                |          |       |            |



# SEMAINE DU 26/02/24 au 01/03/24

**LEGENDE**  
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| SOIR     |                              | Gluten | Crustacés | Oeufs | Poisson | Arachides | Soja | Lait | Fruits coques | Celeri | Moutarde | Graines sésame | Sulfites | Lupin | Mollusques |
|----------|------------------------------|--------|-----------|-------|---------|-----------|------|------|---------------|--------|----------|----------------|----------|-------|------------|
| LUNDI    | Entrées variées              |        |           |       |         |           |      |      |               |        |          |                |          |       |            |
|          |                              |        |           |       |         |           |      |      |               |        |          |                |          |       |            |
|          | Donuts poulet fromage        | x      |           |       |         |           | x    | x    |               |        |          |                |          |       |            |
|          | Ratatouille                  | A      | U         | C     | U       | N         |      |      |               |        |          |                |          |       |            |
|          | Laitages - Desserts - Fruits |        |           |       |         |           |      |      |               |        |          |                |          |       |            |
| MARDI    | Entrées variées              |        |           |       |         |           |      |      |               |        |          |                |          |       |            |
|          |                              |        |           |       |         |           |      |      |               |        |          |                |          |       |            |
|          | Merguez                      | A      | U         | C     | U       | N         |      |      |               |        |          |                |          |       |            |
|          | Gnocchi                      | x      |           |       |         |           | *    |      |               |        | *        |                |          |       |            |
|          | Laitages - Desserts - Fruits |        |           |       |         |           |      |      |               |        |          |                |          |       |            |
| MERCREDI | Entrées variées              |        |           |       |         |           |      |      |               |        |          |                |          |       |            |
|          |                              |        |           |       |         |           |      |      |               |        |          |                |          |       |            |
|          | Croq veggie au fromage       | x      |           | x     | *       |           | *    |      | x             |        |          |                |          |       |            |
|          | Chou-fleur persillé          | A      | U         | C     | U       | N         |      |      |               |        |          |                |          |       |            |
|          | Laitages - Desserts - Fruits |        |           |       |         |           |      |      |               |        |          |                |          |       |            |
| JEUDI    | Entrées variées              |        |           |       |         |           |      |      |               |        |          |                |          |       |            |
|          |                              |        |           |       |         |           |      |      |               |        |          |                |          |       |            |
|          | Escalope de dinde Milanaise  | A      | U         | C     | U       | N         |      |      |               |        |          |                |          |       |            |
|          | Gratin dauphinois            | *      | *         | *     | *       |           |      | x    | *             | *      | *        |                | x        | *     | *          |
|          | Laitages - Desserts - Fruits |        |           |       |         |           |      |      |               |        |          |                |          |       |            |

Ce menu est susceptible d'être modifié en fonction des livraisons et des événements